

Delicious Heights

Restaurant • Lounge • Takeout • Caterers

428 Springfield Avenue • Berkeley Heights, NJ • 908.464.3287 • deliciousheights.com

Appetizers

APPETIZERS

- Barbeque Danish Baby Back Ribs Appetizer** - half rack, slow cooked, finished on the grill with our barbeque \$10
sauce; served on a bed of fries
- Chicago Style Spinach Dip** - rich blend of spinach, artichokes & Reggiano Parmesan cheese in our house \$10
cream sauce; served with carrots, celery sticks, salsa & pita chips
- Crispy Calamari** - tossed with cherry peppers; served with marinara, garlic aioli & lemon wedges \$ 9
- Home-Battered Chicken Tenders** - served with honey mustard dipping sauce or tossed in our buffalo sauce \$ 9
- Jumbo Lump Crab Cakes** - served over a pommerey mustard sauce \$12
- Mini Guinness Bacon Cheeseburgers** - 4 mini Angus burgers, grilled to your liking, topped with apple wood \$10
bacon, barbeque sauce & Porter Cheddar cheese, on a potato roll; served with onion straws & a pickle
- Mozzarella Sticks** - deep fried mozzarella, breaded with Italian seasonings; served with homemade marinara sauce \$ 8
- Panko Crusted Shrimp** - served with chili peanut sauce \$10
- Pierogies** - stuffed with potatoes & topped with an onion butter sauce; served with sour cream \$ 8
- Potato Skins (loaded)** - deep fried potato skins topped with Monterey Jack cheese, crumbled bacon & \$ 9
scallions; served with sour cream
- Buffalo Wings** - tossed in our buffalo sauce; served with celery, carrots & homemade blue cheese dressing \$ 9
- Caprese Salad** - fresh mozzarella & vine ripened tomatoes, with fresh basil & balsamic vinaigrette \$10
- Spring Roll** - filled with beef & cellophane noodles; served with orange glaze & soy dipping sauce..... \$ 9
- Clams Casino** - stuffed with shrimp, bacon, clams, red pepper & celery \$ 9
- Black & Tan Onion Rings** - served with ketchup, honey mustard & buffalo ranch sauce \$ 8
- Delicious Trio** - grilled filet kabobs, Panko crusted shrimp & spring rolls; served with peanut chili, orange glaze &.....\$16
soy dipping sauce

Salads & Pizza

SALADS

- Antipasto Salad** - ham, Genoa salami, fresh mozzarella & Provolone cheese over romaine lettuce, with tomatoes, \$11
roasted red peppers, pepperoncini, mixed olives & sliced red onions; tossed in our balsamic vinaigrette
- Balsamic Chicken Salad** - sautéed balsamic chicken over mesclun greens with walnuts, tomatoes, roasted \$11
red peppers, sun-dried cranberries & fresh mozzarella cheese; served with a balsamic reduction
- Country Salad** - our home battered chicken tenders, Danish blue cheese crumbles, walnuts, chopped bacon, \$11
tomatoes, avocados & toasted croutons; served with your choice of dressing
- Caesar Salad** - crisp romaine, Reggiano Parmesan cheese & toasted croutons; served in a Caesar dressing \$ 9
- Greek Salad** - romaine lettuce, crumbled feta cheese, cucumbers, tomatoes, mixed olives, radishes & \$ 9
sliced red onions; served with lemon vinaigrette dressing
- House Salad** - crisp mesclun greens, shredded carrots, tomatoes, sliced bell peppers, cucumbers, \$ 9
sliced red onions & toasted croutons; served with your choice of dressing
- Sesame Crusted Ahi Tuna Salad** - Ahi tuna pan seared to your liking, julienne carrots, cucumbers, bell peppers, \$13
tortilla strips, mangos, scallions & tomatoes on romaine lettuce; served with poppy seed dressing
- Buffalo Tender Salad** - romaine lettuce, blue cheese crumbles, red onion, tomatoes, celery, carrots & avocados; \$11
served with balsamic vinaigrette
- Fresh Fruit Plate** - seasonal fresh fruit, served with granola, yogurt & pecans \$10

Dressings

Vinaigrettes: balsamic, lemon, raspberry *Creamy:* Danish blue cheese, honey mustard, ranch, poppy seed, or Russian

Add to any salad

blackened or grilled chicken.....\$ 4 steak.....\$ 7 shrimp.....\$ 7

PIZZA

- Margherita** - fresh mozzarella, tomato & basil \$10
- White Broccoli** - fresh mozzarella, ricotta & garlic..... \$12
- House Pie** - fresh mozzarella, pepperoni, sausage, red pepper & onion \$11

SPECIALTY SANDWICHES

(All sandwiches served with your choice of soup, salad, or fries.)

- Prime Rib French Dip Au Jus** - prime rib, sliced to order, piled high on a toasted baguette, topped with **\$12**
melted Muenster; served with house au jus & creamy horseradish
- Crab Cake Sandwich** - jumbo lump crab cakes on a toasted sesame seed bun with green leaf lettuce, tomato **\$13**
& red onion; served with garlic aioli
- Fish Sandwich** - seasoned grilled tilapia on a toasted sesame seed bun with green leaf lettuce, tomato **\$11**
& red onion; served with rémoulade
- DH Grilled Chicken Sandwich** - topped with Cheddar and bacon, on a toasted sesame seed bun with..... **\$ 9**
green leaf lettuce, tomato & red onion; served with a side of mayo

PANINIS

(All paninis served with your choice of soup, salad, or fries.)

- Grilled Chicken** - grilled chicken, fresh mozzarella & roasted peppers; served with balsamic vinaigrette **\$ 9**
- Turkey & Cheddar** - turkey, Cheddar, tomato, avocado & bacon; served with mayo **\$ 9**
- Reuben** - sliced corned beef, Swiss cheese & sour kraut; served with Russian dressing **\$ 9**
- Cuban** - sliced pork, ham, Swiss cheese & mustard; served with mayo & a pickle **\$10**
- Roast Beef** - roast beef, Pepper Jack cheese, tomato & grilled red onions; served with horseradish mayo **\$11**

Wraps

WRAPS

(All wraps served with your choice of soup, salad, or fries.)

- Blackened Chicken Wrap** - bacon, avocado, sliced red onions, Muenster cheese, green leaf lettuce, \$ 9
sliced tomato & Chipotle mayo, stuffed into a whole wheat tortilla
- Buffalo Tender Wrap** - buffalo tenders, green leaf lettuce, sliced tomato, celery & Danish blue cheese dressing,..... \$ 9
stuffed into a white flour tortilla
- Chicken Caesar Wrap** - grilled chicken, romaine lettuce & Reggiano Parmesan cheese, tossed in a \$ 9
Caesar dressing, stuffed into a white flour tortilla
- Hawaiian Rib-Eye Wrap** - Hawaiian rib-eye steak, grilled to your liking, with caramelized onion, roasted red pepper,..... \$11
sliced tomato, green leaf lettuce & sour cream, stuffed into a white flour tortilla
- Honey Roasted Turkey & Brie Wrap** - honey roasted turkey, Brie cheese, chopped romaine, sliced \$ 9
tomato & honey mustard dressing, stuffed into a sun-dried tomato wrap
- N.Y. Strip Wrap** - seasoned & grilled to your liking, with portobello mushroom, caramelized onion, Provolone cheese,.....\$11
green leaf lettuce & sliced tomato, stuffed into a white flour tortilla; served with horseradish mayo on the side
- Southwestern Wrap** - grilled chicken, sliced ham, green leaf lettuce, sliced tomato, house mayo & Pepper Jack \$ 9
cheese, stuffed into a white flour tortilla
- Teriyaki Chicken Wrap** - teriyaki glazed chicken with julienne cucumbers, sliced tomato, green leaf lettuce &..... \$ 9
tzatziki sauce, stuffed into a spinach wrap
- Portobello Wrap** - portobello, Muenster cheese, green leaf lettuce, sliced tomato, red onion & garlic aioli, \$ 9
stuffed into a whole wheat wrap

ENTRÉES

(All entrées served with your choice of house or Caesar salad.)

- Balsamic Chicken** - pan seared chicken breast, topped with tomatoes & scallions in an aged balsamic reduction; **\$18**
served with roasted garlic potatoes & broccoli
- Blackened Chicken** - served over braised red cabbage & roasted garlic potatoes, with a citrus chutney..... **\$18**
- Meatloaf** - stuffed with fresh mozzarella cheese & topped with a ketchup glaze; served with demi-glaze, **\$16**
macaroni & cheese and green beans
- Chicken Scaloppine** - layered with apple wood bacon & fresh mozzarella; served with a whiskey onion & **\$18**
shiitake mushroom sauce, over mashed potatoes
- Veal Bruschetta** - pounded & breaded, topped with tomato, roasted garlic & balsamic vinaigrette **\$24**
- Teriyaki Chicken** - teriyaki glazed & topped with sesame seeds; served over roasted garlic potatoes & asparagus **\$18**
- Chicken Roulade** - stuffed with spinach, portobello mushrooms, sun-dried tomatoes, dried cranberries & apricots **\$18**
in an apple-cider sauce; served with braised red cabbage & risotto

STEAKS & GRILL

(All steaks grilled to your liking & served with house or Caesar salad.)

- Barbeque Chicken** - marinated half roasted chicken, glazed with our homemade barbeque sauce; served with **\$17**
a loaded baked potato & red cabbage
- Barbeque Danish Baby Back Ribs** - slow cooked, finished on the grill with our barbeque sauce; served with **\$20**
roasted garlic potatoes & baked beans
- Center-Cut Filet Mignon (12 oz.)** - seasoned & grilled, topped with merlot butter; served with mashed **\$26**
potatoes & asparagus
- Grilled Pork Chops** - topped with fire roasted apples & caramelized onions; served with baked beans & braised..... **\$17**
red cabbage
- Hawaiian Rib-Eye (16 oz.)** - marinated & grilled; served with roasted garlic potatoes & mixed vegetables **\$22**
- N.Y. Strip (14 oz.)** - seasoned & grilled; served with a loaded baked potato & sautéed broccoli **\$24**
- Grilled Vegetable Platter** - eggplant, zucchini, yellow squash & portobello; served with pita chips & fresh **\$16**
hummus & guacamole, with roasted garlic potatoes & grilled asparagus
- Flat Iron Steak** - grilled to your liking, topped with compound butter; served with baked beans &..... **\$20**
roasted garlic potatoes
- Grilled Skewered Filet Mignon** - marinated in olive oil, garlic & chopped scallions; served over mashed **\$24**
potatoes & broccoli
- Chicken Parmesan** - breaded chicken cutlet, topped with tomato sauce & fresh mozzarella; served over fettuccine **\$18**

SEAFOOD

(All seafood served with your choice of house or Caesar salad.)

- Créole Shrimp** - jumbo shrimp sautéed in a Créole cream sauce; served with risotto & asparagus..... **\$21**
- Jumbo Lump Crab Cake** - pan fried, served in a pommerey mustard sauce; served with mashed potatoes & **\$25**
mixed vegetables
- Sesame Crusted Ahi Tuna** - pan seared to your liking, topped with a ginger soy glaze; served with mashed **\$24**
potatoes, tempura asparagus & a side of wasabi
- Shrimp & Asparagus Risotto** - sautéed jumbo shrimp & julienne asparagus with shiitake mushrooms.....**\$21**
served in a creamy risotto
- Market Fish**please inquire with server

PASTA

- Cavatelli** - with sautéed broccoli, sausage & roasted red peppers; tossed in a white wine garlic sauce..... **\$13**
- Fettuccine Carbonara** - cream sauce tossed with peas, bacon & Reggiano Parmesan cheese **\$14**
- Whole Wheat Penne** - tossed with tomato sauce & fresh ricotta; topped with mozzarella **\$12**
- Penne-à-la-Vodka** - a tomato cream sauce with prosciutto de Parma, garlic & finished with Grey Goose Vodka **\$12**
- Penne Pesto** - tossed with fresh basil pesto, grape tomatoes & topped with shaved Reggiano Parmesan cheese **\$12**
- Tortellini Alfredo** - in a Reggiano Parmesan cream sauce **\$12**

Add to any pasta

blackened or grilled chicken.....\$5 steak.....\$7 shrimp.....\$7

BURGERS

(All burgers are made of freshly ground, choice Angus beef & grilled to your liking.
Served with green leaf lettuce, tomato, red onion, fries & pickle.)

Cheeseburger - topped with yellow American cheese	\$ 9
Boursin-Bacon Burger - topped with apple wood bacon & Boursin cheese	\$10
Hickory BBQ Burger - topped with Monterey Jack cheese, Canadian bacon & our hickory sauce	\$10
Pepper Jack Burger - topped with cherry peppers & Pepper Jack cheese.....	\$10
The Swiss Mushroom Burger - smothered with mushrooms & onions, topped with Swiss cheese	\$10
Bacon Cheddar Burger - topped with apple wood bacon, Cheddar cheese, lettuce, tomatoes & onions	\$10

SIDES

Grilled Asparagus	\$ 7	Fries	\$ 5
Baked Potato (loaded)	\$ 4	Red Cabbage	\$ 6
Baked Beans	\$ 5	Broccoli	\$ 5
Macaroni & Cheese	\$ 6	Garlic Roasted Potatoes	\$ 5
Mashed Potatoes	\$ 5	Green Beans	\$ 5
Risotto	\$ 6	Mixed Vegetables	\$ 5

SOUPS

Every Day - French Onion	\$ 5	Monday - Minestrone	\$ 5
Tuesday - Butternut Squash	\$ 5	Wednesday - Chicken Noodle	\$ 5
Thursday - Crab Bisque	\$ 5	Friday - Cream of Mushroom	\$ 5
Saturday - New England Clam Chowder	\$ 5	Sunday - Vegetable Beef Barley	\$ 5

KIDS

(All kid's meals served with choice of fries or daily vegetable.)

Chicken Tenders	\$ 6	Kid's Burger	\$ 6
Mozzarella Sticks	\$ 6	Grilled Cheese	\$ 6
Macaroni & Cheese	\$ 6	Pasta - Penne with Tomato or Butter Sauce	\$ 6

FAMILY MEALS

All Family Meals feed four people.

Chicken and Pasta Package - choice of chicken (Blackened, Balsamic, Honey Thyme, Scaloppine, Parmesan), choice of pasta (Cavatelli, Penne-à-la-Vodka, Tortellini Alfredo, Penne Pesto), 4 sides (your choice), house or Caesar salad, dinner rolls & a 2 liter bottle of soda	\$55
Barbeque Package - 2 racks of barbeque Danish baby back ribs, 1 whole barbeque chicken, 4 sides (your choice), house or Caesar salad, dinner rolls & a 2 liter bottle of soda	\$60
Meatloaf & Roasted Garlic Chicken Package - homemade meatloaf, 1 whole roasted garlic chicken, 4 sides (your choice), house or Caesar salad, dinner rolls & a 2 liter bottle of soda	\$50
Tailgate Package - 12 mini Guinness bacon cheeseburgers, 30 buffalo tenders or wings, 12 loaded skins & a 2 liter bottle of soda	\$65
Pizza and Wing Package - choice of 2 pizzas (Margherita, White Broccoli, House Pie) 30 buffalo wings (served with celery sticks, carrots, & blue cheese dressing) & a 2 liter bottle of soda	\$42

DESSERTS

Warm Chocolate Brownie - served with vanilla ice cream, chocolate & vanilla sauce	\$ 7
N.Y. Style Cheesecake - served with berry coulis	\$ 7
Tiramisu - layered lady fingers dipped in espresso, topped with Marscarpone custard & cocoa powder	\$ 7
Blueberry Bread Pudding - served with whiskey sauce & vanilla ice cream	\$ 7
Apple Brown Betty - brown sugar & pecans, served with vanilla ice cream	\$ 7

Delicious Heights

yum.
seven days a week

100% Guaranteed Satisfaction

Delicious Heights offers a unique combination of cutting-edge culinary techniques, superior ingredients and a professional management team. With extensive Manhattan experience and a no hassle attitude, we would like to bring you the best restaurant experience in the comfort of your home.

With value, time, and nutrition in mind, allow Delicious Heights to handle all your dining needs.

Prices and menu items may be subject to change. Updated October 2008.

\$20.00 minimum delivery

All Major Credit Cards Accepted

Open 7 days a week: Monday through Saturday 10 a.m to 10 p.m. & Sunday 12 p.m. to 12 a.m.